



Quarterback Club of York 10K & 5K

Labor Day

Monday, September 3, 2018 – 8:30 AM

PeoplesBank Park – York, PA



All proceeds go to:

Quarterback Club of York, Inc.

Contributions of over \$300,000 to various youth oriented charitable organizations and scholarships

Course Features: Races have a cannon blast start. Courses are out and back with a loop around beautiful Penn Park in the middle. There is an upward grade on the way out and downward on the way back. Both races finish inside stadium going past The Arch Nemesis, the tallest wall in baseball. We consider both courses to be very fair and capable of producing fast times. Plenty of water stations throughout the courses. 75 minute time limit in the 10K with no walkers. **CHIP TIMING and USATF CERTIFICATION (CODE – PA15044WB)**

Race Director: Barry Biesecker

Registration Fees: <i>(cash or check only)</i>	<u>5K</u>	<u>10K</u>	<u>5K</u>	<u>10K</u>
	Without Shirt		With Shirt	
Registration before 8/21/18	\$18	\$23	\$28	\$33
Late Registration / Race Day	\$25	\$30	\$35 if available	\$40 if available

Checks made payable to "Quarterback Club of York"

Send entries to: Ed Bender, 1118 Laurel Dr., York PA, 17404

Race Information & Online Registration: quarterbackclubofyork.com

Questions? Contact us at qbclubofyork@comcast.net or 717-764-0334

Packet Pick-Up / Registration: White Rose Bar & Grill, Sunday, Sept. 2, 6-9 PM or PeoplesBank Park on Race Day from 7-8:15 AM

Awards & Premiums: \$75 top master (male/female 10K only). Age groups (top 3 male/female in both categories) in the following categories: 12 & Under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 & Over. Custom designed premium technical half sleeve shirts for pre-registered runners.

Post Race Party: York Elks Lodge, 223 North George St., just yards from the stadium. Food, beverages and live music.

Prize Money (10K Only)		
	<u>Top 3 Men</u>	<u>Top 3 Women</u>
1 st	\$300	\$300
2 nd	\$200	\$200
3 rd	\$100	\$100
OVERALL WINNER (FEMALE SUB 33:00 AND MALE SUB 30:00) - \$200 BONUS		

FIRST NAME:		LAST NAME:			
STREET ADDRESS:			CITY:		STATE:
PHONE:		BIRTHDATE: (MM/DD/YYYY)		AGE ON RACE DAY:	
				GENDER: (CIRCLE ONE)	
				MALE FEMALE	
SHIRT SIZE: (CIRCLE ONE)		RACE: (CIRCLE ONE)		EMAIL ADDRESS:	
SMALL	LARGE	5K	10K		
MEDIUM	EXTRA LARGE				

WAIVER – Please read and sign. If under 18, parent/guardian must sign

I know that running a road race is a potentially hazardous activity and I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to complete the run safely. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Quarterback Club of York, Inc., the York Revolution, and all sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event or careless on the part of the persons named in this waiver.

SIGNATURE

DATE